

# The F C'S'LE

Hunterdon Sailing Club, Inc.

July 2008

Number 423

## JULY 4 - THE LBJ

THE HSC LITTLE BROWN JUG REGATTA AND PICNIC WILL BE HELD NEXT FRIDAY, JULY 4.

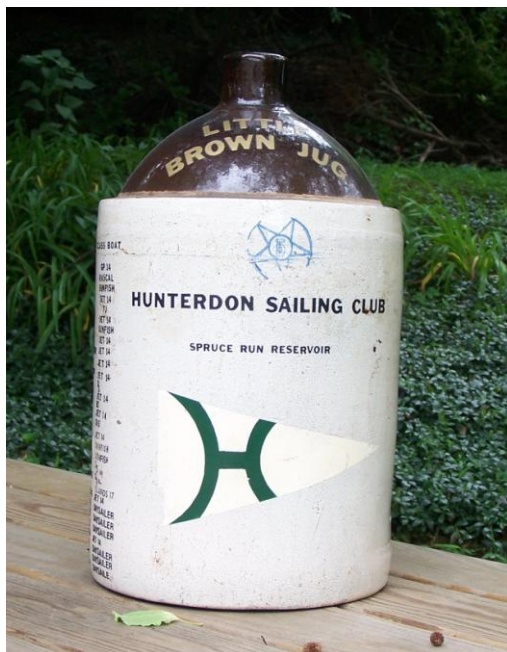
SKIPPER'S MEETING 11 AM

REGATTA STARTS AROUND NOON

ANNUAL JULY 4 PICNIC ABOUT 2 PM

All classes sail in a single, handicapped race, typically circumnavigating Spruce Run in about 2 hours. Guests welcome.

The winning HSC skipper and crew will be awarded the perpetual LBJ (and LBJ Too) Trophies. (See p. 8)



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For the following picnic (THE Social Event of the Summer), HSC provides hamburgers, hotdogs, drinks and such, and those with names starting with A thru J are asked to bring hors d'oeuvres, salads, dips, etc, and those in the K to Z category are asked to bring a dessert or fruit, etc.

## JULY 5 - FUN DAY

July 5 is the HSC Fun Day where we have mock races and other events. Bring any sailboat.

On the Fun Day, the participants can choose to practice performance sailing such as roll tacks and bank turns, or can sail around Big Goose Island, visit the submerged bridge, see a sunken road, visit the Secret Garden, and/or sail to the farthest point in the lake from HSC. If the participants prefer, we can have a Poker Race, a LeMans start race, and/or a When Tom Reaches the Windward Mark race. The idea is to get to know other sailors better and as usual, to have fun! All under the leadership of Nicky Einthoven.

## Commodore's Corner



I faced an interesting dilemma as I sat down to write this edition of the Commodore's Corner. My intent was to name all those who are helping to make this year's sail training programs a big success, so I started with those who are actually conducting instruction or assisting with it. Then I added the names of those who have organized the program, from lining up the volunteers and planning the schedule to tracking the paperwork and answering the questions of the students and their parents. After that, I added the names of those who worked on the Sunfish to get them ready, conducted the swim checks, researched legal questions, prepared the budget, arranged publicity, and created library displays. Well, you can see where this is going! It was virtually impossible to create a comprehensive and all-inclusive list because there are so many of you who make our various training programs work.

So, I will simply offer a huge thanks to all! At the same time, I do want to note that Caleb Zimmerman did a tremendous job as our lead instructor for LTS 1 and LTS 2, and four assistant instructors once again worked enthusiastically and tirelessly throughout the six days of youth training, and we deeply appreciate their dedication: Nathan Altomare, Lucy Bertocci, Simon Bertocci, and Nils Swyzen. Finally, congratulations to all of our sail training "graduates," past and future, whom we hope to see frequently at Spruce Run.

Bob Orr

## Great Egret

*Ardea alba*



© [Tom Vezo](#)

Formerly known as the "American Egret," "Common Egret," "Large Egret," "White Egret," "Great White Egret," and "Great White Heron," this bird's official name in North America is now Great Egret. One of the most magnificent of our herons, it has fortunately recovered from historic persecution by plume hunters. But it is still not out of danger: The destruction of wetlands, especially in the West where colonies are few and widely scattered, poses a current threat to these majestic birds. Like the Great Blue Heron, it usually feeds alone, stalking fish, frogs, snakes, and crayfish in shallow water. Each summer many individuals, especially young ones, wander far north of the breeding grounds.

**description** 35-41" (89-104 cm). W. 4'7" (1.4 m). A large, all-white heron with a yellow bill and black legs. In breeding plumage, has long lacy plumes on back. Much smaller Snowy Egret has black bill and legs and yellow feet. In southern Florida, white form of Great Blue Heron is similar but larger, with greenish-yellow legs.

This material provided by [eNature.com](#).  
Submitted by Ann Freeman

## Flying Scots

### We are Twelve

With the arrival of the Green family in spot 73, all 12 Flying Scots are now on-site in the Spruce Run parking area. We are that stretch of boat running from space 71 to 82. We've decided it is even better than row 1 because we are actually in sight of the HSC clubhouse!

Friday, June 6th was our first Flying Scot Friday. For something that we put together on the fly, it was great fun and a great turnout. We had 7 boats out on the water at 6:30: Mark and Ronit Kaplan, John Thomas, Dave Wier and Nevitt Duveneck, Gordon Sell, David Stockwell and Chet Ensign, Bill Foster with his daughter, Andy Lindgren, and Gary & Alice Nackman. Seven Scots out on Spruce Run on a quiet Friday evening is a beautiful sight, especially with the hot air balloons making their evening ascents in the distance.

We had 5 to 10 mph winds and got in two races. Race 1 was spent perfecting the rabbit start, a technique new to most of us. For those unfamiliar with this maneuver, it is - in theory - a way to start an informal race without a race committee. The idea is simple: the "RC" boat (the "rabbit") sails by the leeward mark close hauled on port tack. The rest of the fleet simply duck the rabbits stern on starboard to start. Just picture a normal race start, only the start line is angled up at 45 degrees - plus its moving. Yeah - and it felt about that confusing actually doing it the first time too.

Here is the key observation we made: to make this work, your windward leg must be very close to square with the wind. By the time we started the first race, the wind had clocked so far to the left that the rabbit (me) was instantly fetching the windward mark. This put the remainder of the fleet at something of a disadvantage not to mention making what was supposed to a windward/leeward/windward race a close reach/broad reach/close reach. However, we all kept in mind the most important feature of the event: it was Friday evening, we were sailing, and the water was beautiful. More than enough compensation. We even worked out the course alignment with the wind, the rabbit start technique and adopted the GUST series finish style (touching the windward mark with your port bow while on starboard tack -- even more confusing than the rabbit start the first time you do it) in time for one more race!

The wind was dying on the final approach to the mark and just about died completely as we all "finished," giving us quality aerobic exercise on our way back to shore. The timing was perfect however - we closed up the clubhouse to a lovely sunset and then retired to the HSC table of honor with our friends at the Sunset Inn for quality pizza, beer and time for more talk about boat trim and tactics and past sailing adventures.

The best part about a Flying Scot Friday is that the next day is Saturday, so we don't have to think about how we have to get up the next morning and head off to work! Plus, it is Friday, and you are not at work - you are sailing! That's what summer and HSC should be!

*CHET ENSIGN*



Andy Lindgren



The Stockwells



Gordon Sell

# TRAINING

First, a word of thanks to Stacey Bachenheimer, HSC's Membership Coordinator. Her work begins as soon as blank membership applications and training forms go out in early March. Then she spends months updating our membership records while scheduling all those folks who want to attend a training class. Then comes the scheduling of swim checks, follow-up for medical forms, etc, etc., etc. Below, we are reporting some of our training progress to date. Without Stacey's diligent work in the springtime, none of this would have happened.

Second, some recognition for Charlie Engler. In the past we have relied on the lead trainer(s) to line up volunteers, boats and all that's needed to actually deliver the training. It's just too much work. This year, Charlie stepped up as the coordinator, leaving our trainers to focus on training. It's working!

## Adult LTS 1

The first adult learn-to-sail class completed three days of sailing under the leadership of Nicky Einthoven - three days of learning and fun with wind and no wind, knots and sheeting in, right side up and upside down. Look for these sailors on Wednesdays and Sundays, reach out to them for crew and race committee! From left to right: Cathy Whitehead, Nicky Einthoven (instructor), Sue Haase, Rich Deutchman, Rob and Will Varner, Elise Tague, Sara Peterson, Calvin Clowes, Mike Manley, AnaMarie Castillo, Paul Klemchalk, and Roger Shjarback. (not shown are assistants Gordon Sell, Charlie Engler, Nick Mentasana, Gigi Swyzen and Ellen Greenhorn)

*Ellen Greenhorn*



The following page is part of a collection of photos taken during Youth Learn-to-sail 2.

# TRAINING (Cont.)



Caleb at Work



Rigged & Ready



Racing



Smooth Sailing



Supervised Mark Rounding



Practicing What you Need to Know



Racing without Rigging

Photos by Rich Baumann



## Membership News

As of June 29<sup>th</sup> our membership is at 110! This season sees the addition of 33 new members. Let's all try to make them feel welcome when we see them at the lake. Our new members include:

Marlon Bernstein from Lambertville  
 Linda Bradway and Gwen Hommiller from Branchburg  
 The Boulter Family from Basking Ridge  
 Melis Cakirer from Lebanon  
 Calvin Clowes from Summit  
 The Craig family from Chester have joined as cruising members  
 The Dai family from Flemington  
 Douglas D'Alessandro from Annandale  
 Richard Deutchman, Jeanette LaVigne and their family from Clinton  
 The Feury family from Rockaway  
 The Foster family from Flemington  
 The Frisch family from Westfield  
 Michelle Gerards, Harry Simons and their son Willem from Pittstown  
 Neil and Janne Gillespie from Glen Gardner  
 Susan Haase and her daughter Heather from Pittstown  
 Tricia Harris, Joe Gleischer and their family from Asbury  
 The Hellander family from Lebanon  
 Edward and Josette Hosinger from Annandale  
 Paul Klemchalk from Annandale and  
 The Lamers family from Clinton  
 Mary Ruth and Ken Lareau from Randolph  
 Michael Manley from Flemington  
 The McClurg family from Annandale  
 Paul Nohodyl from Montclair  
 The Pecina family from Washington  
 Regina Schittig from Whitehouse  
 Roger Shjarback from Lebanon  
 Carolyn Sura and her two daughters from Califon  
 The Vanderveen family from Pittstown  
 William and Kathleen Varner and their family from Lebanon  
 And  
 Barbara Wefing from Morristown

Happy Sailing Everyone,  
 Stacey Bachenheimer



## JET 14



All Jet sailors, put the Wren regatta on July 26 and 27 on your calendar. These are really two separate events. On Saturday, the racing is organized for novices and juniors. Sunday will be the open Jet 14 regatta. If you have any questions or need some help, give me a call or send an email. See you soon. Guido

## Force 5 Spring Spectacular

June 7-8. Fleet 36 held its annual two day regatta on the first full weekend in June. As is usual, the sailing instructions were not published, but were determined by the sailors present at the skipper's meeting on Saturday. We opted for dinghy starts and many short races. We left course selection to our able RC chaired by Guido Bertocci.

We were delighted to see Byron Hicks, now living in MA. come to join us using the club boat. Some equipment problems left him with a challenge throughout the first day (his gooseneck plug broke on the way out to the racecourse.) In spite of what most F5 sailors would expect without a solid plug, he managed to be fairly competitive throughout, even winning one of the shorter, light air races.

At the end of day 1, Byron described my day as "being one with the wind." Things

just fell into place, as I seemed to be on the right side all the time. Never happened before, may not happen again. 1<sup>st</sup> – Rich B., 2<sup>nd</sup> – Bob Mattison 3<sup>rd</sup>. – Blaine Bauer, 4<sup>th</sup> – Byron Hicks, 5<sup>th</sup> – Ray Buchanan.



Rich Baumann & Bob Mattison headed for the finish line – Photo by Guido Bertocci.

## Hunterdon Sailing Club

### Officers

Commodore	Bob Orr	908-832-7553
Vice Commodore	Rich Baumann	973-667-4665
Rear Commodore	Gordon Sell	908-625-7635
Asst. Rear		
Commodore	Mike Incantalupo	908-788-8980
Secretary	David Stockwell	908-301-0489
Treasurer	Ellen Greenhorn	908-766-2512
Past Commodore	Charlie Engler	908-464-5564

### Staff

Protest Chairman	Guido Bertocci	908-735-0010
Membership Co-ord.	Stacey Bachenheimer	973-364-0147
Training Coordinator	Charlie Engler	908-464-5564
Scorekeeper	Rodger Hall	610-381-2276.
Newsletter Editor	Rich Baumann	973-667-4665
Webmaster	Chet Ensign	973-378-3472
NJYRA Rep.	Bob Griswold	973-697-6841
Park Liaison	Rich Baumann	973-667-4665
State Liaison	Charlie Engler	908-464-5564
Librarian	Don Esch	908-730-7398
Handbook Editor	Kevin Pearce	908-889-0894
Publicity	Anne Freeman	908-246-1411
Friends of Spruce Run	Vim Einthoven	908-359-6975
Club Sunfish Mgr.	Jim Bardwil	908-889-9329
Jr. Race Team Coach	Doug Brown	201-394-1866

### Fleet Captains

Sunday Sunfish	Susan Mallows	908-638-5201
Wednesday Sunfish	Mike Wheeler	973-262-4928
Force 5	Bob Mattison	610-258-4376
Laser		
Flying Scot	Chet Ensign	973-378-3472
Albacore	Ed Feeley	908-889-0929
Jet 14	Guido Bertocci	908-735-0010
Open and Cruising	Kevin Pearce	908-400-6930
Junior	Lucy Bertocci	908-735-0010
Ladies	Nicky Einthoven	609-882-3392

# Hunterdon Sailing Club, Inc.

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The **FO'C'SLE**

**July 2008**

The FO'C'S'LE is the newsletter of  
The Hunterdon Sailing Club.  
Material is welcome from all members.  
Submit copy by the 20<sup>th</sup> of each month  
to the editor at  
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**Check us out on the web!**  
**[www.sailhsc.org](http://www.sailhsc.org)**

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The Little Brown Jug and LBJ TOO