

# The F C'S'LE

Hunterdon Sailing Club, Inc.

JUNE 2005

NO. 394

## Junior Sailing Team

The HSC Junior Sailing Team is gearing up for the 2005 season. Practice will be every Wednesday from 2-5 pm in the months of July and August. This year Optimists will be sailed along with Sunfish.

One of our goals this year is to take some of the juniors to one or more SANJL junior regattas and to get more juniors sailing on Sundays! Team members will be encouraged to race in the Wednesday night series that runs from 6-8 pm after team practices.

Doug Brown will coach the team again this year. Doug is a champion sailor in many different classes and has taught the youth learn to sail program for the last two years.

To be eligible to be on the junior sailing team you must be under 18 years old and a member of HSC to sail a Sunfish and under 15 to sail an Optimist. The ability to sail up wind by yourself is required.

For more information on the sailing team call Coach Doug Brown 201-394-1866

## Boat Show Tuning and Training Sundays, June 12 and 26 10am - Noon

On Sundays June 12 and 26 we will be holding our first boat shows. These are opportunities for all members, especially new sailors, to come to the park and check out on the land the different sailboat classes of HSC. Experts will be on hand to answer your questions.

On the same days we will also be holding the first of our "Tuning and Training" events. These are chances for beginners to learn from fleet experts and have some low-key practice on the water.

So come out in the mornings and have some fun.

## Commodore's Cup Saturday, June 11

All members are encouraged to come out on Saturday, June 11 for a long-standing HSC tradition, the Commodore's Cup. Skippers' meeting at 11, first race at about 12. Open to boats of any class. Three races are scheduled with all boats starting at the same time. Handicaps will be used to determine the winners. On a day when the last can be first, slow boats that are well sailed can win on corrected time. The winner holds, for a year, a handsome silver ice bucket donated by past commodore Bill Waggoner.

The photo below is from the final race of last year's Commodore Cup showing Charlie Engler (Jet 14), Derek Stow (Laser) and Mike Wheeler (Sunfish). Boats in a handicap race are closer than they appear.



## Commodore's Corner

The season is underway. We have a full lake. The Jets, Lasers, Force 5s and Flying Scots have been out to test their skills in some challenging winds. The ever present Sunfish have been, er, present in good numbers on Wednesdays and Sundays. Fleets are trying to set records for participation.

This is also the time of year when we start a very busy training schedule. The primary contributors to this year's training efforts will be: Brent Benson, Doug Brown and Nicky Einthoven, supported by Ellen Greenhorn's efforts to fill the classes. Now we are looking for many others to help out in the Adult Learn-to-Sail, and the Juniors programs. We are seeking lots of assistance. If you would like an opportunity to help, check the dates in the Handbook and contact me, or the person in charge of each program. Our training efforts provide most of the new blood for the Club. Your help is needed.

### How many of Derek's newsletters will you miss?

I was sorry to hear that Derek plans to step down as Editor of the Fo'c's'le at the end of the year, but glad that he has given his skills and energy to that role for 3 years so far. I look forward to the remaining issues and his continued support of the Club in other ways.

But, some people who were members in 2004 have not yet rejoined for 2005. If you are one of those people, then this is your last chance to enjoy Derek's work. This is the time of year when we cut our distribution down to the current year's membership. I'm hoping that those have not yet "re-upped" will do so for many reasons, but enjoying these last issues is one that would get me to reach for my checkbook.

Rich Baumann

## Junior Fleet

The school year is almost over, but the sailing season is just beginning. All HSC juniors are invited to join us for an awesome summer. With tons of events planned, places to visit, and boats to sail, this is sure to be a great season. SANJL and club hosted junior events throughout the summer are open to everyone and I encourage you to come. Sunday tune-ups and Junior Sail Team practices should make everyone from beginners to experts ready for a fun-filled season of sun, wind, and waves.

If you have any questions feel free to contact me at  
sunsailor@comcast.net.

Caleb Zimmerman  
Junior Fleet Captain

## State Liaison Report

The 2005 HSC Regatta Permit has been approved by the Spruce Run Recreation Area, and, after 7 weeks, by the NJ Marine Police. A copy of both is on the HSC bulletin board, outlining our responsibilities, including the need for the RC boat anchor light.

Permission was granted for beach storage of Sunfish during the training period. Permission was granted for overnight parking lot boat/trailer storage for June 4, June 18, July 9 and August 27, PROVIDED that those event organizers supply a list of trailer numbers to the Park office that afternoon.

We await feed-back on our proposal to join the state Water Watch Program. We expect to meet with the officers of the High Bridge Rescue Squad in the near future. They are the "first responders" for Spruce Run.

NOTICE...Race Committees would be well advised to take a cell phone out with them on race days. By so doing, calls to 911 can be made at once, and questions for the park office can be called in at 908-638-8572. (This number is on the back of a storage box lid on the RC boat.)

Charlie Engler

## Jet 14 Fleet

Like the swallows to Capistrano, the Jet 14's have returned to HSC. It's still early, but May 15th saw 5 Jets on the line. With two others already in the dinghy park and another nine owners among the HSC membership, we're anticipating longer starting lines and some great competition.

**Attention Junior Sailors!** The annual Wren "Wregatta" at HSC is being transformed into a two-day, two-event format. If you are a junior (i.e. you won't turn 19 before 1/1/2006), and are interested in giving a Jet 14 a try, then this is the event for you. Day 1 on July 9<sup>th</sup> will be contested as a Junior Skipper / Open Crew event, while July 10<sup>th</sup> will be an Open event. We'll be refining the format over the next several weeks, but now is the time to line up a spot to participate in this new event. You'll have the opportunity to take the helm with an experienced fleet member on board to help get you around the course and experience the thrills of sailing a Jet.

If you would like to participate, but you don't have access to a Jet 14 of your own, contact me **before June 27<sup>th</sup>** at cwsmith1124@comcast.net and I'll try to match you up with a fleet member. Join us and help us make this event a great success!

Charlie Smith

## Race Committee

Race committee duty is a fun and challenging way to participate in the club. I enjoy setting up and watching the different races.

The individual class races are rather straight forward. Each boat's place is the order of finish across the finish line, but the Open Fleet is a bit different. The Open Fleet uses a handicap system which allows different boat types to compete evenly against each other. This year it looks like there is going to be a good turn out of the open fleet so here are some points to remember for race committee members when handling the open fleet races:

1. Remember to note the time that each boat in the open fleet took to sail the course. Its best to do this for all boats sailing in the open fleet even boats from a recognized class at HSC that did not get their own separate start. Those boats will be scored in there own respective fleets but record their times anyway. This will make for more interesting results for the open fleet for that day.
2. Estimate the average wind speed for each race of the open fleet and note it on the score sheet. Tough to do I know at Spruce Run but try your best.
3. Give extra attention to instructions to the open fleet sailors. There is a good chance guests and club members not used to racing will be in the open fleet. Make it as easy and unconfusing for them as possible so they will have a good experience and want to come out again. If it is a boat you are not used to seeing out, ask the crew if they are comfortable with how we do our starting. Be proactive in helping them understand.
4. Be sure to write down the skipper's name and sail number. Not just one or the other.
5. Please list all members of race committee serving for the day.

On board the committee boat there will be blank score sheet forms. You can use as many as needed and then forward them to:

Rodger Hall  
13 Pointe St  
Mount Pocono Pa 18344  
Fax 570-839-3301 (no cover page necessary)  
Email rjh1019@att.net

(Handicaps can be found at  
<http://www.ussailing.org/portsmouth/>

See you on the water.

Rodger Hall  
HSC Scorekeeper

## Force 5 Fleet

### First Force 5/Laser Shootout

Well with much touting by Susan last Sunday, on May 14, the third race was a combined start by the two fleets. The wind went from fairly strong to fairly weak, repeatedly. The only one to death roll was Susan. I don't know if anything was proven by just one race. The final result, if memory serves me, was a Force 5, then a Laser, Force 5, Laser, Force 5, Laser and Force 5. It's probably a good thing that tradition doesn't take us to the Sunset Inn as it does on Wednesday nights. The discussion might have been lively.

Let us look to the future. I wonder who will be the next touter.



*Doug Brown and Rich Baumann at weather mark on May 1*

### Help Needed

Jet skippers are chairing the RC's for our Mid Atlantics and have asked us for help with their Wren regatta on the 9th and 10th July. Any volunteers before I twist arms?

### Upcoming regattas

June 4-5 Mid Atlantics at HSC  
info-F5ray@aol.com

June 25 Leukemia Cup Race  
Lake Glendale SC, PA  
info MCScherd49@aol.com

August 3-6 North American's  
Buffalo Canoe Club, Crystal Beach, Ontario  
info [www.buffalocanooclub.com/](http://www.buffalocanooclub.com/)  
sailpablo@aol.com (Peg)

Ray Buchanan

## Downwind Landing in a Breeze – Building Skills

Landing on a lee shore with a stiff wind blowing, safely and without getting excessively wet, is among the more difficult maneuvers in sailing. The problem is how to keep the wind from pushing on the sail(s) when you want to stop and exit the boat in shallow water.

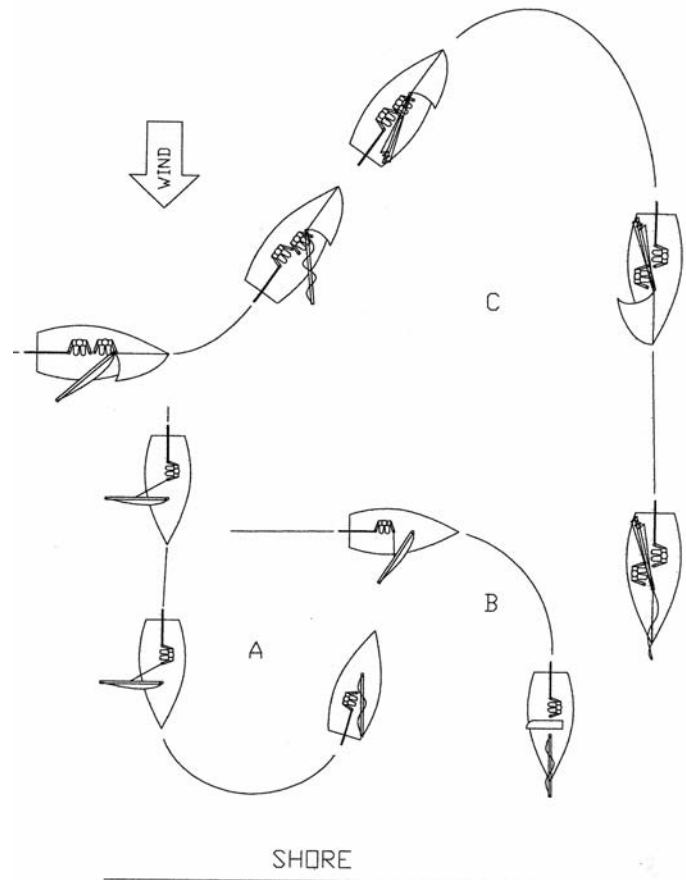
The usual method of turning the boat to windward and hopping out, DIAGRAM A, can be surprisingly difficult to execute in shallow water as your daggerboard, centerboard or rudder may hit bottom and mess up the turn (too much or too little). On board boats (Sunfish, Force-5, Laser) if you pull your daggerboard well up, the boom may hit it, catching the wind and causing a capsize if your boat turns away from the wind. On the other hand, removing the board completely causes loss of ability to steer effectively, and you may crash before you get turned.

Here are some less risky alternatives:

On board boats (no shrouds), untie the stop knot in the end of the mainsheet, Head downwind and release your mainsheet so the sail completely reverses itself to the front of the boat. Pull out your daggerboard, and drift safely downwind to shore without fear of capsize. DIAGRAM B

On sloops (with shrouds), turn upwind while still in deep water, drop your main while using the jib to keep forward motion to maintain steerage. Position the boom well to the side so you have room to steer with the tiller, and hold it there with the mainsheet. Turn downwind toward the shore using the jib, and raise your centerboard. Release the jib completely to slow down. To go to really shallow water, you can pull out your rudder and steer with a paddle. DIAGRAM C

Brent Benson



## Memorial Day Sunfish Regatta



*Barbara Benson enjoys perfect sailing conditions on May 30*

## Answer to Rules Quiz

In the May Fo'c's'le we asked what you are supposed to do if you are racing and see a boat flying a flag of a white diagonal cross on a blue background with someone on board blowing a whistle repeatedly. The answer is "round it" as it is replacing a missing mark.

The flag described is code flag M. Racing Rule 34 states that "If a mark is missing or out of position, the race committee shall if possible,

- replace it in its correct position or substitute a new one of similar appearance, or
- substitute an object displaying flag M and make repetitive sound signals."

## Congratulations

Congratulations to our junior sailing team coach, Doug Brown, who is now a fully qualified US Sailing Small Boat Level 1 Instructor.



## HSC Calendar - June and July

Date Day	Series Day # Special Events	RC Chair Race Committee
4-Jun Sat	Force 5 Spring Spectacular	B Benson L Kelley, Seifert, Roswell
5-Jun Sun	Spring 6 Force 5 Spring Spectacular	C Engler Bachenheimer, Tim O'Connor, R Rainey
8-Jun Wed	Twilight 6	S Mallows A Seifert
11-Jun Sat	Commodore's Cup	R Baumann Andrew & Dave Recame, R Mattison
12-Jun Sun	Spring 7 BOAT SHOW- 10AM; "Tuning and Training" 10 AM – 12	M Wheeler Henry Highland, Martha Cleaves, M Kaplan
15-Jun Wed	Twilight 7	C Engler A Lindgren
18-Jun Sat	Sunfish Clinic	
19-Jun Sun	Sunfish Clinic	
22-Jun Wed	Spring 8 Twilight 8	R Hall M Incantalupo, Bob Slaughter, Bob Orr, M Deal G Sell J Kinkel
23-Jun Thur	Adult Learn to Sail; PM	N Einthoven
24-Jun Fri	Adult Learn to Sail; PM	N Einthoven
25-Jun Sat	Adult Learn to Sail; All Day	N Einthoven
26-Jun Sun	Summer 1 BOAT SHOW- 10AM; "Tuning and Training" 10 AM – 12	B Bauer Andy Wang, Dave Jenkins, H Tanaka
27-Jun Mon	Jr. Learn to Sail- Double Handed	D Brown
28-Jun Tues	Jr. Learn to Sail- Double Handed	D Brown
29-Jun Wed	Jr. Learn to Sail- Double Handed Twilight2 1	D Brown M Wheeler C Zimmerman
30-Jun Thur	Jr. Learn to Sail- Advanced	D Brown
1-Jul Fri	Jr. Learn to Sail- Advanced	D Brown
2-Jul Sat	Jr. Learn to Sail- Advanced	D Brown
3-Jul Sun	Summer 2 Try a Boat 11 AM (members ride on various boats)	N Montesana Morrisey, L Kelley
4-Jul Mon	Little Brown Jug Regatta and Picnic	E Zimmerman Brian Wigham, T Maier
6-Jul Wed	Twilight2 2 Junior Sail Team 2-5 PM	M Califano A Roswell
9-Jul Sat	Jet 14 "Junior Skipper" Wren Wregatta	TBD
10-Jul Sun	Summer 3 Jet 14 Open Wren Wregatta; Hot Dog Sunday, Flying Scots	R Buchanan
13-Jul Wed	Twilight2 3 Junior Sail Team 2-5 PM	R Rosswaag R Baumann
14-Jul Thur	Adult Learn to Sail; PM	B Benson
15-Jul Fri	Adult Learn to Sail; PM	B Benson
16-Jul Sat	Adult Learn to Sail; All Day;	B Benson
17-Jul Sun	Summer 4 Open Fleet Day; "Tuning and Training" 10 AM - Noon;	A Mohan Joanne Shaver, Issak & Ava Stanley, A Dovletoglou
20-Jul Wed	Twilight2 4 Junior Sail Team 2 - 5 PM	D Brown J Miao
23-Jul Sat	Ladies Regatta & Fun Day;	C Smith VonKaenel, Holmsborg
24-Jul Sun	Summer 5 Albacore Fleet Day; "Tuning and Training" 10 AM - Noon; Hot Dog Sunday, Albacore	G Sell Chris O'Gwen, N Einthoven, M Cleaves
27-Jul Wed	Twilight2 5 Junior Sail Team 2 - 5 PM	R Buchanan L Kelley
30-Jul Sat	HSC Jr. Series #1 Sunfish Race 1 – 3 PM	R Buchanan E Greenhorn, J Maio, M Cleaves
31-Jul Sun	Summer 6 BOAT SHOW- 10AM	Seifert L& D Seifert, V Einthoven, M Pillon

Please check your assigned date for race committee. Arrange a swap if you can't make that date for any reason.

## Laser Fleet

The born again HSC Laser fleet started its first full year of activity at Spruce Run for 20 years with some superb sailing weather. Every Sunday in May seemed to be custom made for maximum Lasering enjoyment with 10-15 knots of wind almost every week - sometimes gusting to over 20 knots. Exciting thigh-burning back-stretching beats; wild spray-flying board-humming reaches; and scary wave-riding death-rolling runs. Magic!

A number of new fleet members joined fleet founders Susan Mallows and Derek Stow for the HSC Laser experience. Hito-shi Tanaka was there right from the start of the season. David Jenkins impressed us all with his perseverance in battling the conditions in week 2 and by the end of the month had discovered the first secret of successful Laser sailing - keep the mast pointing at the sky not the bottom of the reservoir. Eric Kapriskie joined us because HSC offers a longer sailing season than his other club in Pennsylvania. Dave Mesicek, who had sailed with Susan, Derek and others in winter Laser adventures, showed up at Spruce Run too. And we were pleased to welcome to the fleet former HSC webmaster Paul Ford who has now switched from Laser 2 to the solo Laser. Now if we can only get all this cast of characters to show up the same week we could *really* have some fun.

### First HSC Annual Laser Regatta

The day of the Laser regatta May 29 continued the tradition of perfect wind for Laser racing - a gusty, shifty north-westerly building to 15-18 knots by the end of the afternoon.

As well as five HSC Laser fleet members, we were joined by two HSC members, Rich Baumann and Courtney Young, crossing over from other HSC fleets and sailing borrowed Lasers to compete in the weekend's Double Dipper Challenge. The fleet was rounded out by two visiting youngsters in Radials and, adding a touch of class to the event, nationally respected Laser legend, Had Brick from Island Heights YC.

The two youngsters in Radials had some close races with each other and were regularly beating some of the full rigs. Kristine Pfeilsticker (photo below) of Buffalo Canoe Club took the award for First Radial.



Our two crossovers, Rich and Courtney, had even closer racing. They actually had a dead heat in one race and ended up tied on points.

At the end of the day all the exhausted sailors agreed that this had been a terrific event and gave Susan a warm round of applause for originally suggesting that we host a Laser regatta. (And for the magnificent lunch).



*Paul Ford and Susan Mallows in a downwind duel*

### Results (with one throw-out)

	points
Derek Stow	8
Had Brick	10
David Mesicek	11
Courtney Young	21
Rich Baumann	21
Susan Mallows	30
Paul Ford	31
Kristine Pfeilsticker	35
Dan Repetti	46
David Jenkins	52

### Double Dipper Challenge

Four HSC sailors responded to the crazy challenge that Susan and Derek had conjured up in a winter brainstorm - who could achieve the best score across the Memorial Day weekend Laser and Sunfish regattas? There was even a cheesy home-made trophy at stake. In the end, much to Derek's embarrassment, the home-made trophy went back to the home that made it.

### Double Dipper Scores

Derek Stow	21
Courtney Young	30
Rich Baumann	36
Susan Mallows	59

Derek Stow

# Sunfish Fleet News

Memorial Day May 30 dawned sunny and clear. A soft wind whistled through the masts. Over the course of the day the wind varied from 5-10 with gusts up to 15 and oscillated from North to West.

15 sailors turned out for the regatta, some very experienced, some new to the club and for one it was the first time racing in the Sunfish. 6 races were held, with a midday break for lunch. The competition was close, but finally experience won out with Courtney Young taking home the Cup.

## Results (with one throw-out)

	points
Courtney Young	9
Derek Stow	13
Richard Skeen	14
Rich Baumann	15
Susan Mallows	29
Nick Mentessana	33
Caleb Zimmerman	37
Scott Callahan	39
Brent Benson	39
Don Esch	41
Gordon Sell	46
Mike Wheeler	50
Ellen Greenhorn	58
Charlie Engler	60
Barbara Benson	75

## Coming Events

June 11-12 **MID-ATLANTIC REGIONAL CHAMPIONSHIP** - Metedeconk River YC. Brick, NJ. Contact: Todd Pearce 732-321-1027, toddpearce99@yahoo.com; www.metedeconkriveryc.org 2005 USSCA Membership Card required.

## June 18-19 **SUNFISH RACE CLINIC**

For those of you looking for a great learning opportunity, we are excited to announce an advanced racing clinic. This 2 day seminar will focus on improving your Sunfish racing on small lakes. The instructors will be top SANJL sailors. These guys know the shifty lakes and the tactics that work best. You'll be getting real lake sailors talking about racing on lakes. Forget the lectures on sea breeze...This is the stuff for the flat water guys!

This is a bring your own boat event. There will be both on-water and on-shore instruction. We will run drills and practice sessions. Maybe even a team race or two! Please be there early. Have your boat rigged and ready before the instruction begins at 10:00 AM

**What Topics Are Covered?** The clinic includes:

- Boat rigging techniques
- Boat handling techniques and drills
- Boat speed development

- Starting strategies, techniques and drills
- Mark rounding tactics, techniques and drills
- Tactics and techniques for shifty upwind and downwind racing
- Equipment management and maintenance
- Strategies for keeping it fun!

Bring your own Lunch

Advanced racing clinic fee- \$40

For more information contact Sue Mallows (908) 638 5201 or (908) 303 0889 (cell)

Susan Mallows

## Hunterdon Sailing Club

### Officers

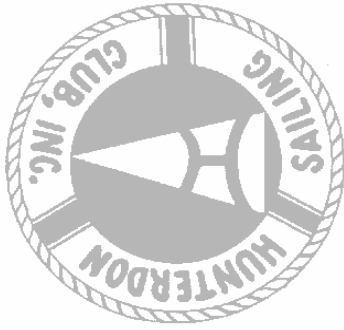
Commodore	Rich Baumann	973-667-4665
Vice Commodore	Elliot Zimmerman	908-889-0858
Rear Commodore	Mark Califano	973-584-2502
Asst. Rear Commodore	Gordon Sell	908-782-4497
Secretary	Andrew Lindgren	973-226-1553
Treasurer	Tom Maier	973-267-4859
Jr. Past Commodore	Brent Benson	610-282-3611

### Staff

Membership	Ellen Greenhorn	908-713-9346
New Member Liaison	Bob and Kaitlyn Orr	908-832-7553
Training	Nicky Einthoven	609-882-3392
Scorekeeper	Rodger Hall	570-839-6221
Protest Chairman	Doug Brown	201-394-1866
Handbook Editor	Kevin Pearce	908-400-6930
Newsletter Editor	Derek Stow	973-402-8112
Web Master	Chet Ensign	973-378-3472
Librarian	Ed Feeley	908-889-0929
State Liaison	Charlie Engler	908-464-5564
NJYRA Representative	Bob Griswold	973-697-6841
Publicity	Ray Buchanan	973-635-7764

### Fleet Captains

Sunfish	Susan Mallows	908-638-5201
Sunday Sunfish	Nick Mentessana	908-322-8031
Force 5	Ray Buchanan	973-635-7764
Laser	Derek Stow	973-402-8112
Flying Scot	Chet Ensign	973-378-3472
Albacore	Art Mohan	908-526-8506
Jet 14	Charlie Engler	908-464-5564
	Charles Smith	201-435-3694
Open	Brian Wigham	908-475-8565
Junior	Caleb Zimmerman	908-889-0858
Ladies	Nicky Einthoven	609-882-3392

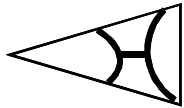


The FO'C'S'LE is the monthly newsletter by and for the members of the Hunterdon Sailing Club. Material is welcome from all members.

Submit copy to the editor at: 64 Lake Drive, Mountain Lakes, NJ 07046 or e-mail to: FocsleEditor@aol.com

Press deadline is the 20th day of the month.

*We're on the Web!*  
[www.redkoh.com/hsc](http://www.redkoh.com/hsc)



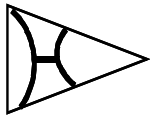
SailHSC@hotmail.com  
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